



Building Friendships at Castledawson Primary

What can I do if my Friend is Playing with Someone else?



I have scraped my knee



Castledawson Primary School is a friendly, happy place. We all work together to encourage attitudes and behaviours which make everyone feel safe, happy and to reach their full potential.

What can I do if I'm not being included in a game?



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Bumps and Scrapes



I have hurt myself while playing...

We can all have accidents while playing outside such as a scraped knee, sore elbow or small cut.

It is important you say to an adult outside if you are hurt...very often an adult will notice if you fall and they will help be there to help you get back on your feet. We keep first aid kits in the playgrounds while you are playing... just in case you need a bandage. The adults outside will let your teacher know if you had an accident - your teacher will just make sure you are okay!

It's Important to remember that accidents are different to bullying... Bullying is done on purpose, accidents aren't!

Our Playground Rules

1. we are gentle, we don't hurt others.

2. we are kind and helpful, we don't hurt anybody's feelings.

3. we play together and look after each other.

4. we take care of our equipment and use it properly.

5. we tell an adult if we are sad or lonely.

6. we line up quickly and quietly.

7. WE HAVE FUN!

**GOLDEN
RULE**

We treat others as we want to be treated ourselves.

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What can I do if I'm not being included in a game?



Sometimes everyone can feel that they are left out, usually this is not done on purpose, but it can still be upsetting.

You could ask if you can play the game...

Ask a playground buddy if they can help...

Say to an adult who is supervising outside...

'Hi, can I play your game?'

Remember, at lunchtime, we have lots of different activities happening in the playground such as the mud kitchen, building area, music wall and Free play... why don't you try one of these different zones?

What can I do if someone has used unkind words?

Young children may still be developing the skills of playing together such as taking turns, sharing equipment or keeping to the rules of a game. They can sometimes express themselves in a way which is unkind when they may feel that things are unfair...

If you hear someone being unkind in our playground you could...

Speak to an adult or playground buddy

Ask them if they are okay... or ask if they would like to play with you instead

Remind the person who is being unkind that we all need to take care of each other



What can I do if my friend is playing with someone else?

It is quite natural for all of us to have more than one friend... sometimes our friends can change as we grow older or we make new friends as we move through school - this is okay. Some of us keep the same friends all the time...

If a friend you really like is playing with someone else, you could ask to be included in their game. You could even visit one of the other zones in the playground to see what other fun games are happening - there is always someone happy to see you!

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What can I do if I think I am being bullied?

PLEASE DO NOT KEEP IT TO
YOURSELF

TELL AN ADULT IN SCHOOL
YOU TRUST

SAY TO A FRIEND

TELL AN ADULT AT HOME

Bullying is a form of unacceptable behaviour, but not all unacceptable behaviour can be considered bullying.

BULLYING USUALLY HAS THREE KEY ELEMENTS:

1. It is usually repeated behaviour that happens over a period of time.
2. It usually involves an imbalance of power.
3. It is intentionally hurtful behaviour.

We have an Anti-Bullying Policy for adults and a child friendly version for you to read

Other things you could do are...

Go to the Buddy Bench

Put a note in your class
worry book

Speak to ANY adult in
school

Say to a member of the
safeguarding team

Mrs McCusker

Designated Teacher
for Child Protection



Mrs Evans

Deputy Designated
Teacher for Child
Protection

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